Inhaler: Student Self-Administration Skills Checklist

- Contact your school nurse for the skills check and form completion.

Student Name: _____ Date: _____

School Nurse: _____

Skill	Performs skill in accordance with written guideline	Requires further instruction & supervision
	Date	Date
1. Identify correct name and dosage of medication.		
2. Describe indications for use of inhaler.		
3. Remove cap from the mouthpiece. Shake inhaler for approximately two seconds. Attach spacer if ordered.		
4. Tilt head slightly back and exhale. Position inhaler by placing the mouthpiece in the mouth.		
5. Begin to inhale a deep breath slowly through mouth. After beginning the deep breath, press the top of the canister to release the medication. Continue to breathe in as slowly and deeply as possible for 3-5 seconds. Hold breath for 10 seconds.		
6. Wait approximately 1-2 minutes and repeat the above process if prescribed.		
7. Rinse mouth after inhaler use.		
8. State reasons for safety when carrying an inhaler: • Other students may not touch the inhaler. • No sharing, giving or selling of the inhaler. • Name of student must be on the device. • Must be carried on the student (not left lying out) • Student is responsible for bringing medication to school daily. • Notify the nurse/adult immediately if inhaler is used.		

I understand that I will lose my privilege to carry my inhaler if I break any of the above rules and procedures.

Student Signature: _____ Date: _____

School Nurse Signature: _____ Date: _____

Annual Review Dates: _____ _____ _____ _____ _____ _____